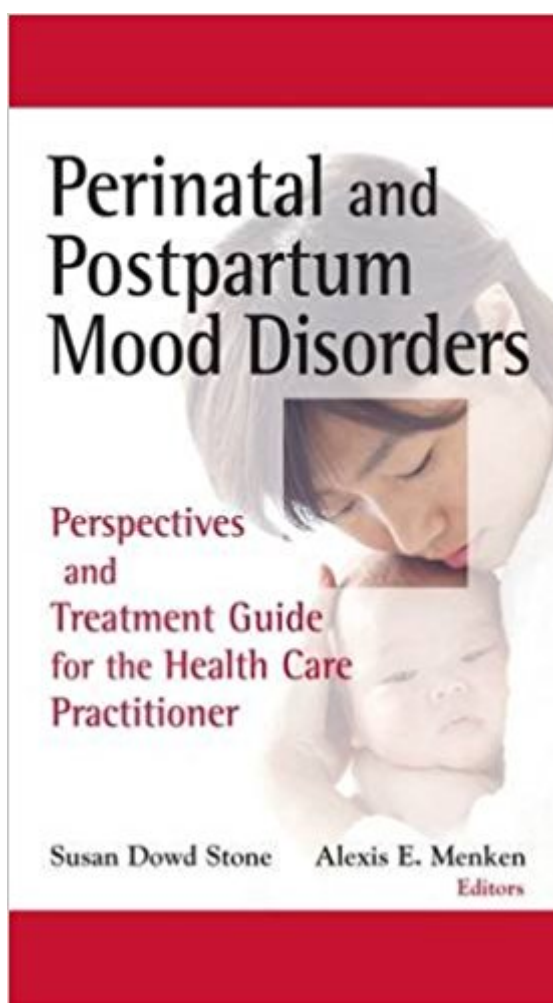


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# Perinatal And Postpartum Mood Disorders: Perspectives And Treatment Guide For The Health Care Practitioner



## Synopsis

As a psychotherapist and educator of future mental health practitioners, I believe this work fills an important gap in reference books for professionals who care for childbearing women. Since the volume provides invaluable neurobiological research on depression and anxiety, I recommend this work to all health and mental health professionals."--Illness, Crisis and Loss Over the past three years, pregnancy related mood disorders have become the focus of health care advocates and legislators alike with subsequent reflection in nationwide media. Statistics on the prevalence of perinatal mood disorders suggest that up to 20% of women experience diagnosable pregnancy related mood disorders. The growing recognition of these common disorders, coupled with an increasing knowledge base about the dire consequences of untreated maternal depression, has propelled this issue to the fore of national public health priorities. This increasing awareness has also resulted in recent legislative and healthcare initiatives to screen, assess, and treat such disorders. On April 13, 2006, Governor Jon S. Corzine (D -NJ) signed a law requiring all new mothers to be educated and screened for postpartum depression. This law is the first of its kind in the country, but many states and federal advocates are proposing similar laws. The motivation for states and the federal government to adopt education and screening program is high and may soon be a federal mandate. But a major barrier to successful implementation of such programs is the lack of available resources to train healthcare professionals in this specialty. This book offers a major resource for healthcare professionals, mental health professionals, and medical, nursing, psychology, and social work students who will be confronting this problem in their practices. The contributions, by renowned experts, fill a glaring gap in the knowledge professionals need in order to successfully manage maternal mental health.

## Book Information

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## Customer Reviews

Susan Dowd Stone and Alexis Menken have assembled an impressive team of experts in perinatal mental health who are committed to educating their colleagues about the diagnosis and treatment of perinatal depression. Topics include the consequences of untreated anxiety and depression for the baby, the mother, and the family, guidelines for screening, how to determine the best treatment options for individual patients (including psychotherapy and medications), and the role of the peer-support movement in fostering recovery. This book provides a wealth of clinically useful information that will serve as an excellent foundation for Psychiatrists, Obstetricians, Family Physicians, Nurses, Psychologists, Social Workers, and educated consumers. --Shari I. Lusskin, MD, Director of Reproductive Psychiatry, NYU Langone Medical Center Clinical Associate Professor of Psychiatry and Obstetrics and Gynecology, New York University School of Medicine With the publication of *Perinatal and Postpartum Mood Disorders: Perspective and Treatment Guide for the Healthcare Professional*, Stone & Menken offer professionals and students pursuing this specialty a uniquely comprehensive overview of the issue from the perspective of many renown leaders in women's reproductive mental health. Experts from research, medicine, treatment and advocacy offer their experienced views on evaluation, treatment and interventive approaches when confronting affective disorders in pregnancy and the postpartum. Inclusion of this text provides a substantial and much needed addition to professional educational curriculums in medicine, psychiatry, social work, psychology and advocacy. Health care professionals currently working with women during their reproductive years will find the breadth and depth of its contents to be a valuable reference and resource tool when considering options for their clients and families. --Manuel Alvarez, M.D., Chairman, Dept. of Obstetrics, Gynecology & Reproductive Science, Hackensack University Medical Center *Perspectives on Perinatal Mood Disorders* is an excellent, welcomed addition to this important field of maternal mental health. Written by some of the field's most renowned experts, each piece of the book lends a unique view, resulting in a well-rounded picture of these disorders and the approaches which heal them. --Shoshana Bennet, PhD, former president of Postpartum Support International

"Over the past three years, pregnancy related mood disorders have become the focus of health

care advocates and legislators alike with subsequent reflection in nationwide media. Statistics on the prevalence of perinatal mood disorders suggest that up to 20% of women experience diagnosable pregnancy related mood disorders. The growing recognition of these common disorders, coupled with an increasing knowledge base about the dire consequences of untreated maternal depression, has propelled this issue to the fore of national public health priorities. This increasing awareness has also resulted in recent legislative and healthcare initiatives to screen, assess, and treat such disorders. On April 13, 2006, Governor Jon S. Corzine (D -NJ) signed a law requiring all new mothers to be educated and screened for postpartum depression. This law is the first of its kind in the country, but many states and federal advocates are proposing similar laws. The motivation for states and the federal government to adopt education and screening program is high and may soon be a federal mandate. But a major barrier to successful implementation of such programs is the lack of available resources to train healthcare professionals in this specialty. This book offers a major resource for healthcare professionals, mental health professionals, and medical, nursing, psychology, and social work students who will be confronting this problem in their practices. The contributions, by renowned experts, fill a glaring gap in the knowledge professionals need in order to successfully manage maternal mental health. "

Bastante abrangente, os leitores encontraram um texto técnico e com ótima fluidez de leitura. Uma fonte de conhecimento atualizado nessa área fascinante e que necessita expertise no manejo.

Postpartum depression continues to splash the headlines with dramatic impact. The upside to this is that it significantly increases public awareness, which is always a good thing. The downside is that media exploitation often leads to the perpetuation of misinterpretations and misunderstandings, which can impede treatment and recovery. Although the availability of PPD self-help books and moving personal accounts continues to expand, books that address issues crucial to healthcare professionals who treat postpartum women has been lacking. Susan Dowd Stone, MSW, a pioneer for support and legislation within the postpartum depression community for some time, and Alexis Menken, PhD, another great PPD authority, provide a solid foundation for a book that fills this critical gap in the literature. Together, with the most respected and expert voices in the PPD community, they have succeeded in creating a must-have resource for any healthcare practitioner who works with pregnant and postpartum women. Those of us who work in this field are eternally grateful to Susan Dowd Stone's dedication and hard work which has paid off in this indispensable resource!

Perinatal and Postpartum Mood Disorders is an excellent, welcomed addition to this important field of maternal mental health. Written by some of the field's most renowned experts, each book chapter lends a unique view, resulting in a well-rounded picture of these disorders and the approaches which heal them.--Shoshana Bennett, PhD, former president of Postpartum Support International

This is an excellent book. Mental health professionals, OB-GYNs, women's health nurses and others don't get near enough training on perinatal mood and anxiety disorders. Susan Dowd Stone's book provides the kind of research-based knowledge needed on order for healthcare professionals to provide the proper support to women who may be going through antepartum depression, postpartum depression, postpartum psychosis and related illnesses.

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